



Quiet Time (Day 1) Making Change: Put to Death the Sin

Scriptures: II Kings 11:12-20; Matthew 5:29-30

Summary & Lessons:

Change is very difficult, especially when it is changing your heart. More specifically, changing your heart goes far beyond simply words and convictions of how new need to change. It takes action! Numerous times throughout the bible we see people changing their character through specific actions taken (praying, fasting, sacrifice, etc.). Along with the action, the desire must be there as well. Actions without the desire behind it are ultimately useless. We shouldn't simply want to change because we should, but because we want to.

In II Kings, we see how radical God is about dealing with sin so that we can live with him. Jesus was also radical when it came to dealing with sin. Remember He was crucified for our sin; therefore, we also need to be radical about dealing with sin.

You need to think and pray and ask your spiritual partner about the areas you need to change. As disciples we need to live according to what God has shown us. Pray to God about deepening your convictions so that when the world tempts you, and it will, you WILL be ready.

Personal Applications:

1. Think about why God wants us to deal radically with Sin.
2. Think about how God will bless us when we make the changes we need to make.
3. Take radical measures with your sin that you struggle with. Fast, pray, be open with the people in your life. You may feel nervous or embarrassed but remember we are family. Just be radical about seeing your sin destroyed.

Take it to God:

1. Ask God to bring you godly sorrow over your sin, to strengthen you and to help you have deep convictions that will not waver.
2. Pray that God will change your heart and that He will show you areas that need to change that are hidden to you.
3. Thank God for change.