



## Quiet Time #13 Living By The Spirit

**Scriptures:** Romans 7:18-8:17

### **Summary & Lessons:**

As disciples, we are engaged in a battle at all times. We battle for people's eternal salvation and to conquer Satan in our own personal lives. But a vital battle that is always waging is the one between the Spirit of God within our hearts and the sinful nature. Unless we strive, by faith, with everything we have to live by the Spirit, we will be overcome by the worldly nature that is within us. We see a lot of worldliness around us. What are some worldly things that you think might be gaining a hold on you? What are you doing to stop this, in order that the Spirit of God is the only thing to have a hold on you? Those controlled by the sinful nature will die, but those controlled by the Spirit of God will surely live and have peace.

In order to live by the Spirit we must feel a conviction to fulfill our obligations to God (vs. 12). In other words we must feel the need to fulfill our promise to God to live as a disciple of Jesus in all situations. WE must put to death the misdeeds of the body (vs. 13)! God's Spirit is powerful! It is the same Spirit that raised Jesus from the dead. Trust the Spirit, rely on it, and live by it.

### **Personal Application:**

1. Am I controlled by the Spirit or by the sinful nature?
2. What are some areas in my life, which I need to put the sinful nature to death? List them.
3. When was the last time I specifically asked God to lead me by the Spirit?

### **Take it to God:**

1. Pray for God to fill you with strength and power of the Holy Spirit today so you can have a victorious day.
2. Pray for the weaker area in your life, that God will make them strong through his Spirit.
3. Thank God for giving you his Spirit, the Power to live like Jesus and to change daily.